

Chore List Kids Can Do

Helpful guide to introduce your kids to household responsibilities, teaching what it means to be part of a family, and preparing them for their future.

Preschool

- Put toys away
- Follow one-step directions
- Feed & water family pets
- Wipe up spills with towel
- Put clothes in hamper
- Make their own bed
- Gather & help sort laundry
- Clear the table
- Help put groceries away

Middle School

- All previous chores
- Make meals
- Use the weed-whip
- Mow the lawn
- Clean the family car
- Clean tub / shower
- Make family grocery list
- Help with family grocery shopping
- Babysit / Volunteer with kids

Elementary

- All previous chores
- Help set the table
- Bring in the mail
- Fold & put away towels
- Pick up their rooms
- Rake leaves / sweep walkway
- Load / unload dishwasher
- Unpack lunchbox

Older Elementary

- All previous chores
- Help wash the car
- Organize and wipe out fridge
- Wash, dry, and put away dishes
- Vacuum / sweep / mop
- Cook simple meals
- Take garbage out, cans to curb and bring back when empty
- Pack own lunch
- Clean toilet

High School

- All previous chores
- Get their first job
- Run family errands
- Make own appointments (hair cut etc.)
- Prepare a family meal (weekly/ monthly) and clean up
- Mow lawn and other yard work
- Basic car maintenance (oil change / tire pressure / check fluids)
- Deep cleaning of house appliances (microwave, oven, etc.)
- Clean the bathroom
- Tend to their room and personal space
- Pay a bill consistently (even to parent)
- Do their own laundry
- Create a schedule to assist with time management: work schedule, school responsibilities, athletics / curricular

